



# Cluain Tiobraid ui Neill Clontibret O'Neills CLG

## **Covid 19 Clontibret Community Health and Wellbeing Response**

We are all in this together. Don't suffer in silence. Pick up the phone

We might be in lockdown, but you are not isolated

Help is close at hand in all parts of our Community

#### **Useful Contacts**

## Monaghan Co Council COVID19 Helpdesk 1800 804158

Doctor on Call 1850 777911

District Nurse 0868316286

Monaghan Garda 047 77200

Braeside Stores 047 80923

Clontibret GAA Health & Wellbeing Officer (Bernie) 086 831 6286

Clontibret GAA Secretary (Frank) 086 316 4178

### **Local Community Contacts**

The following local people have consented to be contactable at all times along with a team of helpers to respond to any requests from those in our community who feel they need some assistance such as with shopping, picking up a prescription or just a reassuring chat.

Eilish Clarke 086 313 1239

John Paul Mone 086 052 3566

Alastair Graham 086 832 1363

**Barry McGuigan** 086 607 0729

KEY SINGLE POINT OF CONTACT Clontibret GAA Chairman (Thomas Greenan) 086 773 7776 or 047 80711

All phone calls will be treated with the utmost discretion STAY SAFE FOLLOW THE GUIDELINES - WASH YOUR HANDS – SHARE THIS DOCUMENT