

MONAGHAN GAA

Coaching & Games Development Coach Education February – April 2015



Monaghan Coaching & Games Development will be running a series of Coach Education courses this spring.

The schedule for the courses is planned as follows.

Foundation Award

March

6th/ 7th

Football

Venue: Northern Region

March

13th/ 14th

Football/ Hurling

Venue: Mid Monaghan Region

March

27th/ 28th

Football

Venue: Southern Region

Online Course

April

Date for Practical & Child Protection TBC

Football/ Hurling

Venue: TBC

Time

Friday: 7pm – 10pm

Saturday: 9.30am – 4.30pm

Cost: €30

Venue: TBC *(IF A CLUB WISH TO HOST A COURSE GET IN TOUCH ASAP)*

Note: Beginner course for all age groups. All coaches MUST complete Child Protection Workshop (Friday) to complete Foundation Award

Level One

February

13th/14th

Child (Football)

Venue: TBC

February/ March

27th/ 28th Feb, 1st March

Youth Adult (Football)

Venue: Aughnamullen

Time

Friday: 7pm – 10pm

Saturday 9.30 – 6.00 (Child)

Saturday 9.30- 4.30

(Youth/Adult)

Sunday 9.30 – 4.30

(Youth/Adult)

Cost: €55 (based on approx. 15 coaches attending)

Venue: TBC *(IF A CLUB WISH TO HOST GET IN TOUCH ASAP)*

Note: All Coaches must have completed the Foundation Award before doing Level One

Level Two

February/ March

A Level Two Award will take place in February/ March time is there enough coaches interested in completing the award.

It is important if coaches are interested in completing the award to express their interest into us as soon as possible so course dates and a venue can be arranged with Ulster GAA.

It is possible this course will be run in conjunction with Cavan GAA

A Level One Hurling Course will be held on a regional bases in conjunction with Armagh, Cavan and Fermanagh depending on the interest of coaches completing this award.

Incentives for Clubs

Foundation

If a club gets 4 coaches attending a course, one will be for free. (4 coaches for the price of 3).

Level One

If a club gets 4 coaches attending a course, one will be for free. (4 coaches for the price of 3).

Targeting all Club Coaches U14 – Senior All Workshops are **FREE OF CHARGE**

COACHING ATTACKING PLAY IN FOOTBALL

DATE: Monday 2nd March

TIME: 7.30pm – 9pm

VENUE: Tyholland GAA Grounds

TUTOR: Tony Scullion & Roger Keenan (Ulster GAA)

DESCRIPTION: This is a practical based session which is open to all coaches. It will look at a variety of drills & small sided games that promote good attacking play.

PERFORMANCE ANALYSIS: A BASIC INTRODUCTION

DATE: Wednesday 11th March

TIME: 7.30pm – 9pm

VENUE: Monaghan GAA Center of Excellence, Cloghan

TUTOR: Patrick McCarron (Monaghan GAA)

DESCRIPTION: This is a basic introduction into performance analysis, what you should cover on a game day and a brief overview on a number of methods used to collect and present your stats.

GOALKEEPING WORKSHOP IN FOOTBALL

DATE: Monday 16th March

TIME: 7.30pm – 9pm

VENUE: Monaghan GAA Center of Excellence, Cloghan

TUTOR: Paul Callaghan (Ulster GAA)

DESCRIPTION: This outdoor practical session will demonstrate best practice in both football and hurling goalkeeping. It is open to all coaches.

COACHING DEFENSIVE PLAY IN FOOTBALL

DATE: Wednesday 25th March

TIME: 7.30pm – 9pm

VENUE: Drumhowan GAA Grounds

TUTOR: Tony Scullion & Roger Keenan (Ulster GAA)

DESCRIPTION: This is a practical based session which is open to all coaches. It will look at a variety of drills & small sided games that promote good defensive play.